



UNIVERSAL HEARING CARE

Audiology and Hearing Aid Services

5525 ETIWANDA AVE., STE 309 · TARZANA, CA 91356

Live Well, Hear Well

“THOSE WHO HEAR LIFE,
ENJOY LIFE MORE.”

Spring Into Better Hearing!



I love when springtime approaches—the trees in bloom, different flowers of the season, the sun staying out longer. As the season changes, let's make sure you are hearing well! For those of you wearing hearing aids, come in for a little “spring cleaning;” we'll make sure your aids are cleaned, checked, and ready for all your upcoming activities. If it's been more than a year since your last hearing test, now's the time to schedule an appointment for a new test as we may need to adjust your aid.

This is also a great time of year to come experience new and exciting technology that may be a better fit for your lifestyle. Springtime is when the American Academy of Audiology has our largest industry convention; this year taking place in Arizona. It is an exciting time for audiologists to learn and explore what is new and exciting in our profession.

For those that are having difficulty hearing but haven't purchased hearing aids yet, now's the time! Springtime laughing and summer splashing aren't sounds you want to miss out on when you're with loved ones.

We also want to thank all our patients for your loyalty as we celebrate our 8th anniversary! Our team is so proud to continue to help you with your hearing needs.

Sincerely,

Lisa Goldstein

Lisa Goldstein and all of us at Universal Hearing Care

Improve Your Cognitive Function

A recent study published in October 2015 is conclusive that wearing hearing aids can reduce cognitive decline that accompanies hearing loss.

“The study found no difference in the rate of cognitive decline between a control group of people with no reported hearing loss and people with hearing loss **who used hearing aids**. By contrast, hearing loss was significantly associated with lower baseline scores ... on well-recognized test of cognitive function, during the 25-year follow-up period independent of age, sex, and education.”

Donald Schum, PhD, Vice President of Audiology for oticon stated “The study indicates that people with hearing loss who wear hearing aids have the same risk for age-related cognitive decline as people without hearing loss. We are seeing for the first time evidence that hearing aids are a prevention against accelerated cognitive decline in later years.”

People wait on average seven years before getting hearing aids. Take care of yourself or your loved ones and improve the quality of your life now.

This is one of the many reasons we believe anyone over the age of 55 should have their hearing screened as part of their overall wellness. Don't forget to refer anyone you know over the age of 55 for their FREE hearing screening.

We are HEAR to help.



Call **818-921-7215**
now to schedule an
appointment.



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Lisa B. Goldstein, M.A.
Judy Hodosh, M.A.

5525 ETIWANDA AVE., STE 309
TARZANA, CA 91356

www.universalhearingcare.com

818-921-7215

“YOUR SATISFACTION IS
OUR #1 CONCERN.”

*“The secret of
staying young is to
live honestly, eat
slowly, and lie
about your age”*

— Lucille Ball



Introducing the
Try-It-First, Hassle-Free,
Pressure-Free,
Deposit-Free, Risk-Free,
Take- Your-Sweet-Time,
Hearing Aid Test Drive
from Unitron.

Here's How It Works

- 1) Make an appointment for an initial hearing evaluation.
- 2) Take home a state of the art hearing aid today. We allow you to try many different types and price levels with no commitment or deposit required.
- 3) Take your time evaluating which hearing aid suits you best.

**The Choice is Yours. Call 818-921-7215 to
Schedule Your Risk-Free Hearing Aid Test Drive.**

Tips for Spring Gardening from Better Home and Gardens:



Enjoy Early to Midspring Color

Annual flowers fall into two categories: varieties that like it warm and varieties that like it cool. Most cool-season annuals, such as pansies and violas, nemesia, diascia, calendula, poppy, snapdragon, and sweet alyssum, can take a little frost. Plant them in beds and borders or containers and gain a few early weeks of color.

Most cool-season annuals fade when summer heat arrives; replace them with heat-loving varieties, such as petunia, pentas, nasturtium, and lantana, for color all summer long.