



UNIVERSAL HEARING CARE

Audiology and Hearing Aid Services

5525 ETIWANDA AVE., STE 309 · TARZANA, CA 91356

Live Well, Hear Well

**“THOSE WHO HEAR LIFE,
ENJOY LIFE MORE.”**

Hear Your Best this Holiday Season!



The holiday season is upon us! As you plan your family gatherings and celebration feasts, consider how valuable these times spent with loved ones are to your life.

Often times, the people we love the most are busy throughout the year, and the holidays are one of the only times that everyone spends together.

If you suffer from hearing loss, you're probably missing a lot during these rare celebrations. Hearing is critical to effective communication, and the holidays may be your only chance this year to communicate with the family members that are “on the go” or those that live far from you.

You can “miss out” on a lot if you're not hearing as well as you could this holiday season... Don't let hearing loss rob you of irreplaceable precious moments with loved ones—schedule an appointment with our practice to treat the problem before it's too late!

Happy Holidays,

Lisa Goldstein

Lisa Goldstein and all of us at Universal Hearing Care

What First-Time Hearing Aid Users Need to Know

Digital technology hearing aids offer more features than ever before. They also offer the most natural sound quality available however, hearing aids take some time to get used to. By knowing what to expect, you should be acclimated in no time.

- **Don't Expect to Hear EVERYTHING:** Even people with good hearing cannot hear everything. Do not expect to have supersonic hearing. Today's advanced hearing aids will adjust to the incoming sounds automatically based upon your hearing needs. Just remember, hearing well is also dependent on the environment you are in and sometimes the way in which someone is speaking.
- **Something in the ear:** Your hearing aids can be worn comfortably for a full day and should become part of your life. In the beginning, you will be aware that you have something in your ear but that will settle down in no time. You should not experience any discomfort when wearing your hearing aids.
- **Hearing Your Own Voice:** Hearing loss also affects how we hear our own voice. You may find that your voice sounds unnatural with your hearing aids and this is to be expected. Don't worry; this will improve in a very short time.
- **Be Patient:** Getting used to hearing aids can take some time. For millions of people, the results are worth the effort.



Call 818-345-3200
now to schedule an
appointment.



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Lisa B. Goldstein, M.A.
Judy Hodosh, M.A.

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818-345-3200

“YOUR SATISFACTION IS
OUR #1 CONCERN.”

*“You don’t stop
laughing when you
grow old, you grow
old when you stop
laughing.”*

— George Bernard Shaw



Introducing the
Try-It-First, Hassle-Free,
Pressure-Free,
Deposit-Free, Risk-Free,
Take- Your-Sweet-Time,
Hearing Aid Test Drive
from Unitron.

Here’s How It Works

- 1) Make an appointment for an initial hearing evaluation.
- 2) Take home a state of the art hearing aid today. We allow you to try many different types and price levels with no commitment or deposit required.
- 3) Take your time evaluating which hearing aid suits you best.

**The Choice is Yours. Call 818-578-4562 to
Schedule Your Risk-Free Hearing Aid Test Drive.**

Enjoy a delicious hot chocolate this season!

Ingredients (Yields 4 servings)
Base:

3 cups cold milk
1/2 cup confectioners’ sugar
1/4 cup unsweetened cocoa
1/2 teaspoon cornstarch
1/4 teaspoon pure vanilla extract
Kosher salt

Peppermint Add-In:

1 tablespoon peppermint schnapps
Whipped cream, for garnish
Peppermint stick, for garnish

For the base: Whisk together the milk, sugar, cocoa, cornstarch, vanilla and a pinch of salt in a medium saucepan. Cook over medium-high heat, whisking constantly, until the mixture boils, about 2 minutes. Reduce the heat to medium, and continue whisking until thickened, about 30 seconds more.

Mix in add-ins as desired, and serve immediately.

